



Although the days in Colorado are typically sunny and warm, the weather can change rapidly and the evenings can be surprisingly cool, sometimes near freezing. Frequent afternoon thunderstorms and even rare snow storms make good rain gear and warm clothes a must.

Your camper should wear comfortable, well-used clothing appropriate for hiking and playing outdoors in all weather conditions. Synthetic gear like poly, nylon, or wool is recommended over cotton for outdoor activities. Expect your camper to have fun and get dirty!

We have extra program gear that we can let students borrow including backpacks, sleeping bags and pads, footwear, rain gear, and more. **If finding the right gear is a challenge, please reach out to see if we can provide what you need.**

**SUITCASE:** We recommend packing your camper's gear in one bag. Campers will have to carry their gear from the car to the dorm. You are also able to pack in a duffel bag or large plastic bin.

**DAY PACK:** 20-35L capacity, adjustable shoulder straps. Large enough to carry lunch, rain gear, layer, 3L of water.

**BACKPACK:** Overnight backpacking pack with a padded hip strap that is large enough to carry extra clothes, sleeping bag and sleeping pad, two water bottles and additional group gear. We recommend an internal frame pack that has at least 55L capacity.

**ZIPLOCS:** Please pack your campers' toiletries in a ziploc or bathroom bag labeled with their name. A few extra baggies for wet clothes also come in handy!

## CLOTHING

- 4-6 t-shirts/tanks (at least 1 should be synthetic or wool and suitable for hiking)
- 1-2 long-sleeved shirts
- 1-2 sweatshirts/hoodies
- 1 additional warm layer (light wool sweater or fleece pullover)
- 1 rain jacket (no plastic coats or ponchos)
- 1 warm jacket
- 3-4 pairs of shorts (at least 1 pair should be non-cotton and suitable for hiking)
- 1-2 pairs of pants (at least 1 pair non-cotton and suitable for hiking)
- 1 set of sleepwear
- 1 set of long underwear
- 6 pairs of underwear
- Swimsuit and quick dry shorts and shirt (if participating in rafting)

**! WRITE CAMPER'S  
NAME ON EVERYTHING**

## OUTDOOR GEAR

- 3 one-liter sized water bottles with screw-on lids
- Headlamp or flashlight
- Sleeping bag: (insulation rated to 20-30 deg F. Mummy shape and stuff sack recommended.)
- Foam or self-inflating backpacking style sleeping pad
- 1-2 extra large garbage bags for lining packs

### Don't already own a backpack?

Please see the section regarding borrowing gear up above.

**GEAR LIST CONTINUED  
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## FOOTWEAR/ACCESSORIES

- 1 pair of tennis shoes
- 1 pair of sturdy, worn-in hiking boots/shoes
- 1 pair of sandals with a heel strap, ie: Chacos or Tevas (NO flip-flops)
- 4-6 pairs of socks (2 pairs must be synthetic or wool)
- 1 ball cap or bucket hat
- 1 beanie or warm hat
- 1 pair sunglasses

## LINENS/TOILETRIES

- Pillow and pillow case
- Towel and washcloth
- Laundry bag
- Toothbrush and toothpaste
- Shampoo/conditioner and soap
- Comb or brush
- Sunscreen and lip balm (SPF 30+)
- Insect Repellent
- Period products if applicable
- Shower caddy

## OPTIONAL

- 1 pair of river shoes (if rafting)
- 1 pair of rain pants (waterproof)
- Book, deck of cards, hacky sacks, frisbees
- Journal to write in with pen/pencil
- Camera with extra batteries
- Stationary and stamps
- A costume for the themed dinner
- 1-2 white cotton t-shirts for tie-dye
- Buff/Facewrap: Tubular style
- Something comforting from home
- Bowl and Spoon
- Twin Sheet Set

## ADDITIONAL INFORMATION

For 2 week long Discovery sessions (Deluxe) We provide laundry. For session 4 & 10 adjust packing list for the shorter, 4 or 5 day session.

## ITEMS NOT ALLOWED

- Phones and other electronics
- Weapons or knives of any kind
- Illegal or recreational drugs, vape pens, tobacco products, alcohol, or nicotine

