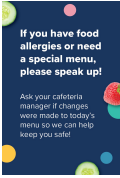


## Summer Food Service Program and Summit Day Camp LUNCH Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
				
6	7	8	9	10
<b>Lunch</b> <ul style="list-style-type: none"> <li>Turkey &amp; Cheese Sub</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Jicama Fruit Salad</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>Chicken Caesar Salad Wrap</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Fresh Carrot &amp; Broccoli Medley</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Creamy Ranch Dressing</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>Veggie Wrap &amp; Egg Fun Lunch</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Fresh Sugar Snap Peas</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>Turkey &amp; Cheese Sandwich</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Citrus Chickpea Salad</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>Chicken Ranch Wrap</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Sliced Cucumbers</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Creamy Ranch Dressing</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>
13	14	15	16	17
<b>Lunch</b> <ul style="list-style-type: none"> <li>Ham and Cheese Sandwich</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Fresh Caesar Salad</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Creamy Caesar Dressing</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>Italian Chicken &amp; Cheese Wrap</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Fresh Carrot &amp; Broccoli Medley</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Ranch Dressing</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>Muffin, Cheese, &amp; Yogurt Fun Lunch</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Fresh Cherry Tomatoes</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>Italian Hero on Whole Grain Lunch</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Citrus Chickpea Salad</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>Veggie Wrap &amp; Egg Fun Lunch</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Sliced Cucumbers</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Ranch Dressing</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>
20	21	22	23	24
<b>Lunch</b> <ul style="list-style-type: none"> <li>Turkey BLT Wrap</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Homemade Classic Potato Salad</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>Ham and Cheese Sandwich</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Fresh Carrot &amp; Broccoli Medley</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Ranch Dressing</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>California Ham Wrap</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Fresh Carrot &amp; Broccoli Medley</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>Turkey &amp; Cheese Sub</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Fresh Caesar Salad</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Creamy Caesar Dressing</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>	<b>Lunch</b> <ul style="list-style-type: none"> <li>Muffin, Cheese, &amp; Yogurt Fun Lunch</li> </ul> <b>Extra Extra</b> <ul style="list-style-type: none"> <li>Sliced Cucumbers</li> <li>Fresh Whole Fruit</li> <li>Assorted Chilled Fruit</li> </ul> <b>Milk &amp; Condiments</b> <ul style="list-style-type: none"> <li>Lowfat Milk 1% Milkfat</li> <li>Chocolate Skim Milk</li> <li>Ranch Dressing</li> <li>Mayo</li> <li>Yellow Mustard</li> </ul>

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**27**

**Lunch**

- Turkey BLT Wrap
- Extra Extra**
- Jicama Fruit Salad
  - Fresh Whole Fruit
  - Assorted Chilled Fruit
- Milk & Condiments**
- Lowfat Milk 1% Milkfat
  - Chocolate Skim Milk
  - Mayo
  - Yellow Mustard

**28**

**Lunch**

- Italian Hero on Whole Grain
- Extra Extra**
- Fresh Carrot & Broccoli Medley
  - Fresh Whole Fruit
  - Assorted Chilled Fruit
- Milk & Condiments**
- Lowfat Milk 1% Milkfat
  - Chocolate Skim Milk
  - Ranch Dressing
  - Mayo
  - Yellow Mustard

**29**

**Lunch**

- Nachos, Cheese, & Salsa Fun
- Lunch**
- Roasted Tomato Salsa
- Extra Extra**
- Corn & Black Bean Salsa Salad
  - Fresh Whole Fruit
  - Assorted Chilled Fruit
- Milk & Condiments**
- Lowfat Milk 1% Milkfat
  - Chocolate Skim Milk
  - Mayo
  - Yellow Mustard

**30**

**Lunch**

- Turkey & Cheese Sub
- Extra Extra**
- Citrus Chickpea Salad
  - Fresh Whole Fruit
  - Assorted Chilled Fruit
- Milk & Condiments**
- Lowfat Milk 1% Milkfat
  - Chocolate Skim Milk
  - Mayo
  - Yellow Mustard

**Menus Subject to Change** We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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