Meal Schedule					Schedule Start	8/11/2025	
Summer	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
2025	8/11/2025	8/12/2025	8/13/2025	8/14/2025	8/15/2025	8/16/2025	8/17/2025
Breakfast	7:30am Day Camp & Disco staff Continental Muffins, Donuts, Bagels, Toast, Fruit etc. Make bag lunches	7:45am Day Camp Staff 8:00am All Disco Pancakes Sausauge Bfast Potatoes Chorizo GF/DF pancakes Chorizo Make bag lunches	7:00am Day Camp Sleepover & Staff French Toast Sausage Bfast Potatoes Eggs GF/DF French Toast Chorizo Make bag lunches + Daycamp Sleepover	Day Camp Staff Continetal Bfast burritos Bagels + cream cheese Cereal Apple sauce Oatmeal Make bag lunches	7:00am Disco Rafting 7:45am Day camp staff 8:00am Non Rafting Disco Continental for rafters Choc chip pancakes Sausage Bfast potatoes GF/DF choc chip Chorizo Make bag lunches	8:00am All Disco Cinnamon Rolls Sausage Bfast Potatoes GF/DF cinnamon panckes Eggs Chorizo	
Lunch	11:15 Disco & CAPs 11:30 Adv. (12 ppl) 11:45 Admin Staff	7:45am Day Camp Staff Sandwich Bar Sunbutter and Jelly Ham and Cheese Turkey and Cheese	7:45am Day Camp Staff - Sandwich bar Simple hot lunch Tomato soup Grilled Cheese Salad bar	7:45am Day Camp Staff Day Camp Staff 12:00 Disco for more food Sandwich Bar Sunbutter and Jelly Ham and Cheese Turkey and Cheese	7:45am Day Camp Staff 9:00am All Disco Sandwich Bar Sunbutter and Jelly Ham and Cheese Turkey and Cheese	Adventures Staff and students Sandwich Bar Sunbutter and Jelly Ham and Cheese Turkey and Cheese	
Dinner	5:45pm Day Camp Staff 6:00pm All Disco Desert: S'mores	5:30pm Day Camp Sleepover & Staff Dino Nuggets Tots Mac n Cheese Tofu bites Deserts: S'mores	5:45pm Day Camp Staff 6:00pm All Disco Dessert: Cookies	5:45pm Day Camp Staff 6:00pm All Disco Dessert: Cookies	5:15 Adventures take out (1 group) 5:45pm Day Camp Staff 6:00pm All Disco Grill Out Chilli Hot dogs Beyond Meat Burgers Chips Green Beans Desert: Ice Cream Sandwiches Prep cinnamon rolls for Bfast		