

	<b>Meal Schedule</b>					<b>Schedule Start</b>	<b>7/7/2025</b>
	<b>Summer</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
	<b>2025</b>	<b>7/7/2025</b>	<b>7/8/2025</b>	<b>7/9/2025</b>	<b>7/10/2025</b>	<b>7/11/2025</b>	<b>7/12/2025</b>
	<b>Breakfast</b>	<b>7:30am Day Camp &amp; Disco staff</b> Continental Muffins, Donuts, Bagels, Toast, Fruit etc.  <b>Make bag lunches</b>	<b>7:45am Day Camp Staff</b> <b>8:00am All Disco</b> Biscuits and Gravy Breakfast Potatoes GF/DF pancakes Sausage & Veggie Sausage Bagels & toppings	<b>7:00am Day Camp Sleepover &amp; Staff</b> French Toast GF French Toast Hash Browns Sausage Veggie Sausage Eggs Bagels & toppings <b>Make bag lunches + Daycamp Sleepover</b>	<b>All Disco &amp; Day Camp Staff</b>  Continental breakfast Breakfast burritos etc. Bagels & toppings  <b>Make bag lunches</b>	<b>7:00am Disco Rafting</b> <b>7:45am Day camp staff</b> <b>8:00am Non Rafting Disco</b> Sausage Bacon Hash Browns Veggie Sausage Bagels & toppings  <b>Make bag lunches</b>	<b>8:00am All Disco</b> Cinnamon Rolls Hash Browns Sausage Veggie Sausage Eggs Bagels & toppings
	<b>Lunch</b>	<b>11:15 Disco &amp; CAPs</b> <b>11:30 Adv. (staff &amp; students)</b> <b>11:45 Admin Staff</b> Cheese Steak Sandwiches French Fries Broccoli Beyond /onion/pepper/chz	<b>7:45am Day Camp Staff</b>  Sandwich Bar Sunbutter and Jelly Ham and Cheese Turkey and Cheese	<b>7:45am Day Camp Staff - Sandwich bar</b> <b>12:00pm All Disco</b> Simple hot lunch Tomato soup Grilled Cheese Salad bar	<b>7:45am Day Camp Staff</b> <b>Day Camp Staff</b> <b>12:00 Disco for more food</b> Sandwich Bar Sunbutter and Jelly Ham and Cheese Turkey and Cheese	<b>7:45am Day Camp Staff</b> <b>9:00am All Disco</b> Sandwich Bar Sunbutter and Jelly Ham and Cheese Turkey and Cheese	<b>Disco staff &amp; Adventures staff</b> Disco staff order out food
	<b>Dinner</b>	<b>5:45pm Day Camp Staff</b> <b>6:00pm All Disco</b> Pesto Penne Garlic Bread Chicken Tofu GF/DF pasta GF/DF Garlic Bread <b>Desert: S'mores</b>	<b>5:30pm Day Camp Sleepover &amp; Staff</b> Dino nuggets Mac N Cheese Tater tots Tofu Roasted Corn <b>Deserts: S'mores</b>	<b>5:45pm Day Camp Staff</b> <b>6:00pm All Disco</b> Enchiladas (beef+chz) Rice Black Beans Fajitas <b>Dessert: Brownies</b> <b>Prep continental breakfast</b>	<b>5:45pm Day Camp Staff</b> <b>6:00pm All Disco</b> Mashed Potatoes Chicken Gravy Roasted Corn Tofu Green Beans Dessert: Cookies	<b>5:15pm Adventures Take Away (1 trip)</b> <b>5:45pm Day Camp Staff</b> <b>6:00pm All Disco</b> Grill Out Burgers Beyond Meat Burgers Chips Green Beans <b>Desert: Ice Cream</b> <b>Sandwiches</b> <b>Prep cinnamon rolls for Bfast</b>	