

	Meal Schedule					Schedule Start	7/14/2025	
	Summer	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
	2025	7/14/2025	7/15/2025	7/16/2025	7/17/2025	7/18/2025	7/19/2025	7/20/2025
	Breakfast	7:30am Day Camp & Disco staff Continental Muffins, Donuts, Bagels, Toast, Fruit etc. Make bag lunches	7:45am Day Camp Staff 8:00am All Disco Pancakes Sausage Breakfast potatoes Eggs GF/DF Pancakes Chorizo Make bag lunches	7:00am Day Camp Sleepover & Staff French Toast Sausage Breakfast Potatoes GF/DF French Toast Chorizo Make bag lunches + Daycamp Sleepover	All Disco & Day Camp Staff Continental Grab n GO Burritos Bagels and Cream chz Cereal Oatmeal Granola Bars Make bag lunches	7:00am Disco Rafting 7:45am Day camp staff 8:00am Non Rafting Disco Continental for rafters Sausage Eggs Bfast potatoes Choc Chip Pancakes Chorizo Make bag lunches (??)	8:00am All Disco Cinnamon Rolls Sausage Bfast potatoes GF/DF Cinnamon Pancakes Chorizo	
	Lunch	11:15 Disco & CAPs 11:30 Adv. (staff & students) 11:45 Admin Staff Orange Chicken Rice Broccoli Salad Bar	7:45am Day Camp Staff Sandwich Bar Sunbutter and Jelly Ham and Cheese Turkey and Cheese	7:45am Day Camp Staff - Sandwich bar 12:00pm All Disco Nacho Bar Queso Ground Beef Black Beans Red Onion/Salsa/Sour	7:45am Day Camp Staff Day Camp Staff 12:00 Disco for more food Sandwich Bar Sunbutter and Jelly Ham and Cheese Turkey and Cheese	7:45am Day Camp Staff 9:00am All Disco Sandwich Bar Sunbutter and Jelly Ham and Cheese Turkey and Cheese	Disco staff & Adventures staff Disco staff order out food	
	Dinner	5:45pm Day Camp Staff 6:00pm All Disco Lemon/Dill Pasta Chicken Garlic Bread GF/DF Garlic Bread Tofu GF/DF pasta option (Lemon/dill) Maybe lemon dill for staff/red sauce Desert: S'mores	5:30pm Day Camp Sleepover & Staff Chicken Nuggets Tater tots Broccoli Cajun Tofu Deserts: S'mores	5:45pm Day Camp Staff 6:00pm All Disco Kielbasa Rice + Red Beans Corn Bread Cajun Tofu Dessert: Brownies Prep continental breakfast	5:45pm Day Camp Staff 6:00pm All Disco Pad Thai Chicken Mixed Veggies Tofu Dessert: Cookies	5:15pm Adventures Take Away 5:45pm Day Camp Staff 6:00pm All Disco Chili Dogs Beyond Meat Burgers Chips Green Beans Desert: Ice Cream Sandwiches Prep cinnamon rolls for Bfast		