

	<b>Meal Schedule</b>					<b>Schedule Start</b>	<b>7/21/2025</b>	
	<b>Summer</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sun</b>
	<b>2025</b>	<b>7/21/2025</b>	<b>7/22/2025</b>	<b>7/23/2025</b>	<b>7/24/2025</b>	<b>7/25/2025</b>	<b>7/26/2025</b>	<b>7/27/2025</b>
	<b>Breakfast</b>	<b>7:30am Day Camp &amp; Disco staff</b> Continental Muffins, Donuts, Bagels, Toast, Fruit etc.  <b>Make bag lunches</b>	<b>7:45am Day Camp Staff</b> <b>8:00am All Disco</b> Pancakes Sausage Bfast Potatoes Chorizo GF/DF pancakes Chorizo <b>Make bag lunches</b>	<b>7:00am Day Camp Sleepover &amp; Staff</b> French Toast Sausage Bfast Potatoes Eggs GF/DF French Toast Chorizo <b>Make bag lunches + Daycamp Sleepover</b>	<b>Day Camp Staff</b> Continental Bfast burritos Bagels + cream cheese Cereal Apple sauce Oatmeal  <b>Make bag lunches</b>	<b>7:00am Disco Rafting</b> <b>7:45am Day camp staff</b> <b>8:00am Non Rafting Disco</b> Continental for rafters, Chocolate chip pancakes Sausage Bfast potatoes GF/DF choc chip Chorizo  <b>Make bag lunches</b>	<b>8:00am All Disco</b> Cinnamon Rolls Sausage Bfast Potatoes GF/DF cinnamon panckes Eggs Chorizo	
	<b>Lunch</b>	<b>11:15 Disco &amp; CAPs</b> <b>11:30 Adv</b> <b>11:45 Admin Staff</b> Orange Chicken Rice Broccoli Salad Bar	<b>7:45am Day Camp Staff</b>  Sandwich Bar Sunbutter and Jelly Ham and Cheese Turkey and Cheese	<b>7:45am Day Camp Staff - Sandwich bar</b> Simple hot lunch Tomato soup Grilled Cheese Salad bar	<b>7:45am Day Camp Staff</b> <b>Day Camp Staff</b> <b>12:00 Disco for more food</b> Sandwich Bar Sunbutter and Jelly Ham and Cheese Turkey and Cheese	<b>7:45am Day Camp Staff</b> <b>9:00am All Disco</b> Sandwich Bar Sunbutter and Jelly Ham and Cheese Turkey and Cheese	<b>Disco staff</b> Diso staff order out food  <b>Adventures Staff and students</b> Sandwich Bar Sunbutter and Jelly Ham and Cheese Turkey and Cheese	
	<b>Dinner</b>	<b>5:45pm Day Camp Staff</b> <b>6:00pm All Disco</b> NO PASTA <b>Desert: S'mores</b>	<b>5:15pm Adventures Take Away</b> <b>5:30pm Day Camp Sleepover &amp; Staff</b> Dino Nuggets Tots Mac n Cheese Tofu bites <b>Deserts: S'mores</b>	<b>2 night overnight ORDER OUT FOR DINNER</b>	<b>5:45pm Day Camp Staff</b> <b>6:00pm All Disco</b> Baked Potato Bar Chicken Tofu Corn Gravy Sour cream/chz/ red onion <b>Dessert: Cookies</b>	<b>5:45pm Day Camp Staff</b> <b>6:00pm All Disco</b> Grill Out Chili Hot dogs Beyond Meat Burgers Chips Green Beans <b>Desert: Ice Cream</b> <b>Sandwiches</b> Prep cinnamon rolls for Bfast		