



GIRLS IN STEM PACKING LIST



★ The amount of clothing is representative of a typical 3-day stay and should be adjusted for longer or shorter trips.

Mountain weather can be unpredictable, we recommend students bring multiple layers to comfortably adjust to the changing conditions. When selecting clothing, we suggest packing synthetic and non-cotton items. Below you will find a recommended packing list consisting of items required to stay safe and warm during the trip with KSS.

Please note: Instructors will work with the students to ensure they are outfitted properly for mountain conditions. If students do not own the listed equipment, we will lend students items from our gear shed to ensure their comfort and safety during their visit.

How many bags should be packed?

- **Overnight Bag** We recommend packing your student's gear, including their sleeping bag and pillow, in one duffel bag or an over the shoulder bag. Students will have to carry their gear from the parking lot to the dorm.
- **Day Pack** Backpack with two padded straps, large enough to carry extra layers, lunch, two water bottles, and a KSS Journal.

Day Pack

- 2 Water bottles
- Sunscreen SPF 15 or higher
- Lip Balm (SPF preferred)
- Sunglasses
- Pencil or Pen
- Reusable lunch bag

Optional

- Bandanna
- Camp shoes
- Camera with extra batteries
- Binoculars
- Gaiters
- Book
- Reusable plastic containers for lunch

Overnight Bag

- Sleeping Bag & Pillow
- Clothing (see clothing list)
- Towel and Washcloth
- Headlamp or flashlight
- Toiletries Kit
 - Toothbrush / Toothpaste
 - Shampoo / Soap
 - Brush or Comb
 - Other items as needed

Do NOT bring cell phones, pocket knives, candy or junk food.

! WRITE STUDENT'S NAME ON EVERYTHING

Clothing

Top

- 2 T-shirts
- 1 Long-sleeve shirt
- 1 Long underwear/thermal top
- 1-2 Synthetic fleece jackets or wool sweaters
- 1 WATERPROOF rain jacket or poncho
- 1 INSULATED winter jacket (Oct-May)

Bottom

- 3 pairs of underwear
- 1 Long underwear/thermal bottom
- 1 Jeans or long pants
- 1 Quick-drying rain pants (FALL/SPRING) (optional)
- 1 INSULATED snow pants (Oct-May)

Feet

- Tennis shoes / Walking shoes
- Optional: Hiking boots (preferably waterproof)
- Snow boots (Oct-May)
- 3-4 Pairs Winter socks (non-cotton)

Head and Hands

- 1 Warm hat
- 1 Hat with a brim (sun hat)
- 1 Pair gloves or mittens (warm and water resistant)
- 1 Scarf or neck warmer (optional)